

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Main Choice</i>	<ul style="list-style-type: none"> • Salmon Fillet 	<ul style="list-style-type: none"> • Beef Bolognese 	<ul style="list-style-type: none"> • Jerk Chicken 	<ul style="list-style-type: none"> • Lamb Biryani 	<ul style="list-style-type: none"> • Fish Fingers
<i>Vegetarian Choice</i>	<ul style="list-style-type: none"> • Pasta in Pesto Sauce 	<ul style="list-style-type: none"> • Jacket Potato and Baked Beans 	<ul style="list-style-type: none"> • Sweet Potato and Butternut Squash Curry 	<ul style="list-style-type: none"> • Vegetable Lasagne 	<ul style="list-style-type: none"> • Quorn Chicken Fajitas
<i>Alternative choice</i>	<ul style="list-style-type: none"> • Samosas 		<ul style="list-style-type: none"> • Salmon Goujons 	<ul style="list-style-type: none"> • Jacket Potato 	<ul style="list-style-type: none"> • Jacket Potato with Cheese or Baked Beans
<i>Sides</i>	<ul style="list-style-type: none"> • Potato Wedges • Fresh Bread 	<ul style="list-style-type: none"> • Spaghetti 	<ul style="list-style-type: none"> • Rice and Peas • Diced Potato 	<ul style="list-style-type: none"> • Rice 	<ul style="list-style-type: none"> • Traditional Chips
<i>Unlimited Vegetables</i>	<ul style="list-style-type: none"> • Farm House Mixed Vegetables • Sweetcorn • Fresh Bread 	<ul style="list-style-type: none"> • Broccoli • Green Beans • Fresh Bread 	<ul style="list-style-type: none"> • Mixed Vegetables • Carrots • Fresh Bread 	<ul style="list-style-type: none"> • Garden Peas • Sweetcorn • Garlic and Herb Bread 	<ul style="list-style-type: none"> • Baked Beans • Garden Peas
<i>Unlimited Seasonal Salad Selection</i>	<ul style="list-style-type: none"> • Fresh Salad Selection 	<ul style="list-style-type: none"> • Fresh Salad Selection 	<ul style="list-style-type: none"> • Fresh Salad Selection 	<ul style="list-style-type: none"> • Fresh Salad Selection 	<ul style="list-style-type: none"> • Fresh Salad Selection
<i>Desserts</i>	<ul style="list-style-type: none"> • Apple Eve Sponge • Organic Yoghurt • Fresh Fruit Platter 	<ul style="list-style-type: none"> • Chocolate and Beetroot Cake with Milk • Pineapple Slices • Fresh Fruit Platter 	<ul style="list-style-type: none"> • Fruit Jelly • Yoghurt • Fresh Fruit Platter 	<ul style="list-style-type: none"> • Apple Crumble and Custard • Peach Slices and Custard • Fresh Fruit Platter 	<ul style="list-style-type: none"> • Syrup Pudding and Custard • Cheese and Crackers • Fresh Fruit Platter

Homemade bread will accompany all meals. All bread, cakes, pizza bases and pastry are freshly made using organic flour.

N.B. Where Halal meat has been requested by the school, it is HFA certified (or equivalent)