

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Main Choice</i>	<ul style="list-style-type: none"> <li>• Shepherd's Pie</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Curry</li> </ul>	<ul style="list-style-type: none"> <li>• Roast Chicken</li> </ul>	<ul style="list-style-type: none"> <li>• Lasagne</li> </ul>	<ul style="list-style-type: none"> <li>• Fish Fingers</li> </ul>
<i>Vegetarian Choice</i>	<ul style="list-style-type: none"> <li>• Quorn Spaghetti Bolognese</li> </ul>	<ul style="list-style-type: none"> <li>• Cheese Flan</li> </ul>	<ul style="list-style-type: none"> <li>• Home Made Pizza</li> </ul>	<ul style="list-style-type: none"> <li>• Vegetable Pasta Bake</li> </ul>	<ul style="list-style-type: none"> <li>• Quorn and Vegetable Stir Fry</li> </ul>
<i>Alternative choice</i>	<ul style="list-style-type: none"> <li>• </li> </ul>	<ul style="list-style-type: none"> <li>• Cook's Choice</li> </ul>	<ul style="list-style-type: none"> <li>• Cook's Choice</li> </ul>	<ul style="list-style-type: none"> <li>• Jacket Potato</li> </ul>	<ul style="list-style-type: none"> <li>• Crispy Fried Fish</li> </ul>
<i>Sides</i>	<ul style="list-style-type: none"> <li>• Whole Wheat Spaghetti</li> <li>• Bread</li> </ul>	<ul style="list-style-type: none"> <li>• Rice</li> <li>• Potato Wedges</li> <li>• Bread</li> </ul>	<ul style="list-style-type: none"> <li>• Mixed Rice</li> <li>• Herby Diced Potatoes</li> <li>• Bread</li> </ul>	<ul style="list-style-type: none"> <li>• Garlic Bread</li> </ul>	<ul style="list-style-type: none"> <li>• Traditional Chips</li> </ul>
<i>Unlimited Vegetables</i>	<ul style="list-style-type: none"> <li>• Green Beans</li> <li>• Sweetcorn</li> </ul>	<ul style="list-style-type: none"> <li>• Glazed Carrot</li> <li>• Butternut Squash</li> </ul>	<ul style="list-style-type: none"> <li>• Cauliflower</li> <li>• Sweetcorn</li> </ul>	<ul style="list-style-type: none"> <li>• Carrot</li> <li>• Broccoli</li> </ul>	<ul style="list-style-type: none"> <li>• Baked Beans</li> <li>• Garden Peas</li> </ul>
<i>Unlimited Seasonal Salad Selection</i>	<ul style="list-style-type: none"> <li>• Fresh Salad Selection</li> </ul>	<ul style="list-style-type: none"> <li>• Fresh Salad Selection</li> </ul>	<ul style="list-style-type: none"> <li>• Fresh Salad Selection</li> </ul>	<ul style="list-style-type: none"> <li>• Fresh Salad Selection</li> </ul>	<ul style="list-style-type: none"> <li>• Fresh Salad Selection</li> </ul>
<i>Desserts</i>	<ul style="list-style-type: none"> <li>• Peach Slices with Custard</li> <li>• Apple Crumble</li> <li>• Fresh Fruit Platter</li> </ul>	<ul style="list-style-type: none"> <li>• Beetroot Chocolate Cake and Custard</li> <li>• Yoghurt</li> <li>• Fresh Fruit Platter</li> </ul>	<ul style="list-style-type: none"> <li>• Banana Cake and Custard</li> <li>• Cheese, Crackers and Grapes</li> <li>• Fresh Fruit Platter</li> </ul>	<ul style="list-style-type: none"> <li>• Home Made Biscuit and Milk</li> <li>• Fruit Jelly</li> <li>• Fresh Fruit Platter</li> </ul>	<ul style="list-style-type: none"> <li>• Dorset Apple Cake with Custard</li> <li>• Yoghurt</li> <li>• Fresh Fruit Platter</li> </ul>

Homemade bread will accompany all meals. All bread, cakes, pizza bases and pastry are freshly made using organic flour.

N.B. Where Halal meat has been requested by the school, it is HFA certified (or equivalent)