

WEEK 1 - Commencing 3rd September / 24th September / 15th October / 12th November / 3rd December

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	<ul style="list-style-type: none"> • Pizza 	<ul style="list-style-type: none"> • Chilli Con Carne & Nachos 	<ul style="list-style-type: none"> • Chicken Stir Fry 	<ul style="list-style-type: none"> • Jerk Chicken 	<ul style="list-style-type: none"> • Fish Fingers
Vegetarian Choice	<ul style="list-style-type: none"> • Tomato & Cheese Pasta 	<ul style="list-style-type: none"> • Jacket Potato with cheese 	<ul style="list-style-type: none"> • Macaroni Cheese 	<ul style="list-style-type: none"> • Jacket Potato with cheese/ tuna 	<ul style="list-style-type: none"> • Vegetable Pasta
Alternative choice			<ul style="list-style-type: none"> • Samosa 		<ul style="list-style-type: none"> • Fried Fish
Sides	<ul style="list-style-type: none"> • Diced Potatoes 	<ul style="list-style-type: none"> • Rice 	<ul style="list-style-type: none"> • Noodles • Jacket Wedges 	<ul style="list-style-type: none"> • Rice & Peas 	<ul style="list-style-type: none"> • Chips
Unlimited Vegetables	<ul style="list-style-type: none"> • Green Beans • Mixed Vegetable 	<ul style="list-style-type: none"> • Sweetcorn • Cauliflower 	<ul style="list-style-type: none"> • Broccoli • Mixed Vegetables 	<ul style="list-style-type: none"> • Sweetcorn • Carrots 	<ul style="list-style-type: none"> • Peas • Baked Beans
Unlimited Seasonal Salad Selection	<ul style="list-style-type: none"> • Fresh Salad Selection 	<ul style="list-style-type: none"> • Fresh Salad Selection 	<ul style="list-style-type: none"> • Fresh Salad Selection 	<ul style="list-style-type: none"> • Fresh Salad Selection 	<ul style="list-style-type: none"> • Fresh Salad Selection
Desserts	<ul style="list-style-type: none"> • Pineapple Slices • Yoghurt • Fresh Fruit Platter 	<ul style="list-style-type: none"> • Chocolate Cracknel and Custard • Peaches • Fresh Fruit Platter 	<ul style="list-style-type: none"> • Pineapple Cake and Custard • Yoghurt • Fresh Fruit Platter 	<ul style="list-style-type: none"> • Jelly • Pineapple Rings • Fresh Fruit Platter 	<ul style="list-style-type: none"> • Iced Buns • Yoghurt • Fresh Fruit Platter

Homemade bread will accompany all meals. All bread, cakes, pizza bases and pastry are freshly made using organic flour.

N.B. Where Halal meat has been requested by the school, it is HFA certified (or equivalent)